



PE - Overview

	EYFS	Year 1 and 2		Year 3 and 4		Year 5 and 6	
		Year A	Year B	Year A	Year B	Year A	Year B
Autumn 1	Gymnastics: gym in the jungle	Football Multi Skills – Throwing and catching	Tag Rugby Multi Skills – Bat and Ball YR2	Swimming Invasion Games: Football	Swimming Invasion Games: Tag Rugby	Netball Dance: World War 2	Tag Rugby Dance through the decades
Autumn 2	Dance: dinosaurs	Basics in Cricket Gymnastics: traditional tales	Gymnastics Attacking and defending (YR 1)	Swimming Gymnastics - shape	Swimming Dodgeball	Hockey Invasion Games: Handball	Tri-Golf Net and Wall: Volleyball
Spring 1	Best of Balls	Tennis Circuit Training Y1	Hockey Gymnastics: Under the Sea	Swimming Gymnastics: Ancient Egypt	Swimming Dance: Water	Dodgeball Striking and Fielding Games	Gymnastics Leadership in PE
Spring 2	Dance till you drop	Invasion games Animal Olympics	Handball Multi-skills - Target Games	Swimming Dance: Rainforest	Swimming Circuits YR4	Football Gymnastics – shape and balance	Basketball Circuit Training (Y6)
Summer 1	Gymnastics – Jumping Jacks	Multi skills Dance: The Seasons	Tennis Dance: Plants	Striking and Fielding: Cricket Net and Wall Games: Fundamentals	Striking and Fielding: Fundamentals Net and Wall Games: Badminton	Tennis Dance: Eco Dance	Cricket Striking and Fielding: Rounders
Summer 2	Games: the Olympics	Athletics Multi skills - Running and Jumping	Athletics Yoga: Salute to the Sun	Athletics (Y3) OAA (Y3) (orienteeing)	Athletics (Y4) OAA (Y4) (orienteeing)	Athletics OAA (orienteeing) (Y5)	Athletics OAA (orienteeing) (Y6)

Swimming – Risborough Springs Pool

Twinkl units - class teacher led

Coach led lessons